

David & Goliath Dodgeball

Required: Volley or Soccer balls, Gymnasium or similar indoor enclosed playing area

Players: Large Groups

Instructions:

Play as Dodge ball rules: 2 teams on equal sides of playing area. 2 Dodgeballs in use. Players throw dodge balls to try and hit there opponents to get them out. If a player is hit by a ball before the ball hits the ground the hit player is out. If a player throws the ball and the ball is caught by an opponent before it hits the ground, the Thrower is out. Last team with a player still in is the winner. At least 1 referee is needed, having 2 is very helpful.

David & Goliath Twist: Prior to each round of play, each team designates a Goliath for their team and tells only the referee(s). At any time the "Goliath" is put out, either by being hit or by having a thrown ball caught, the whole team goes down. This makes for quick rounds and adds a twist to regular dodge ball.